

SMP Without Regrets

How to get a clean, natural-looking result — never too dark, never “noticeable”.

For men who want a sharp, confident look — without surgery or downtime.



If you recognise yourself in 2 or more of these, you're in the right place.

- ✓ I avoid photos or don't like how I look on camera.
- ✓ I wear a cap a lot or keep checking my hairline in mirrors.
- ✓ I'm tired of shaving every day just to "hide it".
- ✓ My biggest fear: that it will look too dark or fake up close.
- ✓ I prefer privacy and a calm, no-pressure chat.



Let's talk about the elephant in the room: The **fear of a bad result**.

You're right to be worried. When Scalp Micropigmentation is done poorly, it doesn't look like hair. It looks like a helmet, a smudge, or a bad head tattoo. **Regret is real**, and it often looks like this.



But this is what it **should** look like. Undetectable, even up close.

The difference isn't the product; it's the process and the artistry.

Natural SMP is a non-surgical technique that uses tiny micro-dots to replicate real hair follicles, creating the appearance of a clean buzz cut or **natural** density. It is NOT a "tattooed block."



The Insider's Checklist: 5 Signs of a Truly Natural Result

Use this checklist to evaluate any artist's work. You're not just buying dots; you're investing in a natural look that holds up in real life.

- 1. **The Shade Matches YOU:** The pigment is expertly chosen for your specific skin tone and remaining hair. It's never a "one black fits all" approach.
- 2. **The Hairline is Believable:** It's balanced, age-appropriate, and shaped to your face. Overly sharp lines are a red flag unless that style specifically fits you.



The Checklist (Continued): Technique is Everything



3. Density is Built in Layers: A realistic result requires 2-3 sessions. Anyone promising a 'finished in one session' result is a major red flag.



4. Dots are Clean and Consistent: Up close, the impressions should be crisp micro-dots, not smudged, blurry, or oversized.



5. You're Given a Clear Plan: Before starting, you should understand the entire process and what to expect after each session.



Red Flags That Often Lead to Regret.

A good artist protects your confidence, not their schedule. Watch for these warning signs:

- ✗ **Vague Promises:** "Everyone is a perfect candidate." (Not true.) Or "One session is enough." (Rarely.)
- ✗ **Poor Evidence:** Only filtered photos or images taken in dark, studio lighting.
- ✗ **High Pressure:** "This price is only for today."
- ✗ **No Protocol:** No questions about your medical history or skin, and no written aftercare instructions.
- ✗ **Lack of Detail:** No clear explanation of color choice, density, or hairline design.

My Process: Clear, Safe, and Predictable.



01

Consultation Consultation (Clarity First)

We establish what you want,
what's realistically achievable,
and create a plan together.
No pressure.



02

Sessions Sessions (Built in Layers)

We build the result gradually.
Session 1 creates the foundation,
Session 2 adds density, and
Session 3 provides the final
depth and balance.



03

Aftercare & Aftercare & Support

You receive clear, day-by-day
written instructions and can
message me anytime during the
healing process.

It Starts With an Honest Conversation.

- First, I listen to your concerns and what you already know.
- I explain what SMP can and can't achieve for your specific case.
- We look at real examples to choose the style that fits you best (e.g., soft vs. defined hairline).
- **Optional Patch Test:** For your peace of mind, we can do a small, discreet test to check for any skin reactions and so you can feel the sensation.

"If I believe your case won't look natural, I'll tell you — even if it means advising against SMP."



Natural Results Come From Technique and Judgement.

Three factors make the critical difference:

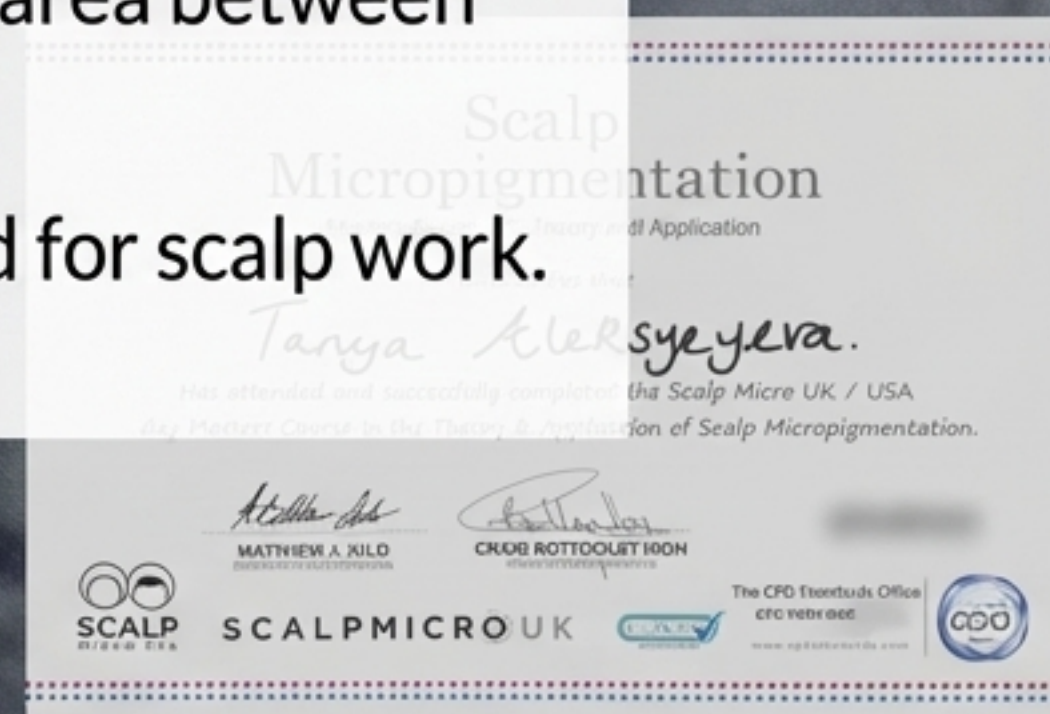
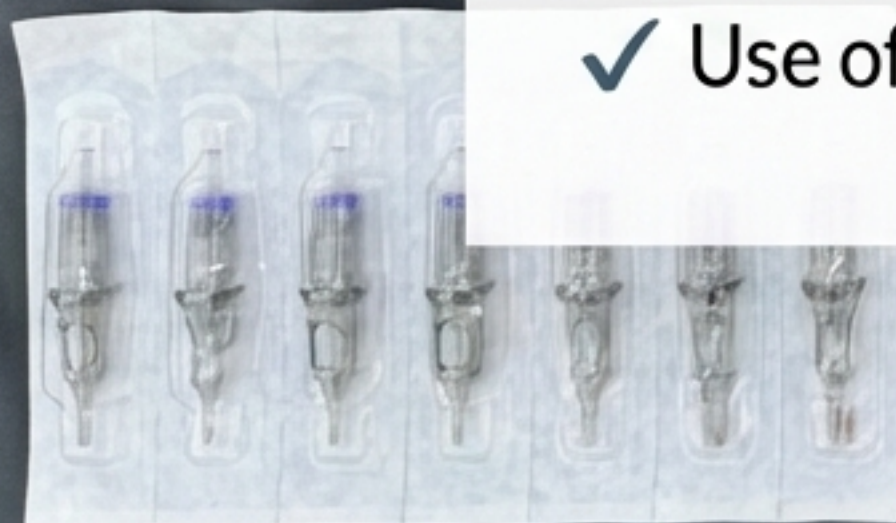
- 1. Strategic Dot Placement:** The first session creates a clean base; following sessions add dots *between* dots to create a 3D effect without ever looking overfilled or flat.
- 2. Gradual Density:** Density is built carefully and adjusted based on how your skin heals between sessions.
- 3. Custom Needle Choice:** Different skin types require different needle cartridges. I choose the specific tool that will create the most follicle-like impression on your scalp.



Safety Isn't a Promise — It's a Protocol.

What I do for every single client, every single time:

- ✓ Single-use consumables (gloves, barrier covers, wipes).
- ✓ A brand-new, sterile needle cartridge opened in front of you.
- ✓ Thorough cleaning and disinfection of the entire area between appointments.
- ✓ Use of premium, SMP-specific pigments designed for scalp work.



Real Clients, Real Confidence.

The goal is a result that you can forget you even have.



Want to know if you're a suitable candidate?

Two easy ways to get an honest assessment, with zero pressure.



Private Photo Assessment

Send 3 photos (front/top/side). I'll tell you if SMP is suitable, what style would look natural, and a rough estimate of sessions.



In-Person or Video Consultation

If you prefer to talk through the details, we can schedule a calm, relaxed consultation.

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Your guide to a confident, natural result.

Make the first step simple

Send 3 photos (front/top/side) and I'll advise next steps.

Scan to WhatsApp. Send message.

`"Hi Tanya, I'm considering SMP. My main goal is a natural result (not too dark). Here are 3 photos. Could you tell me if I'm a good candidate and how many sessions I may need?"`

